



KNIGHTS OF COLUMBUS®

The KofC's meet every 3rd Thursday of the month at 7:00 p.m. in the Parish Hall. All Knights in good standing (current dues paid) are encouraged to attend.

Next meeting will be March 18, 2021, 7PM-Masks and Social Distancing Required.



February Birthdays: Art Kreger, Don Fischer, Francis Mohr, Robert Chouinard, Duncan Mackenzie, Mark Arcidiacono, Ed Jaca, Don Tholen, Jay Ackerman, Raymond Cox, Paul Haytas, Roy Hutchings, Bob Colton, Charles Caughlin, and Niels Rasmussen.

Parishioners!! Did You Get One Yet??

"Do Something Beautiful for God" is a booklet with brief teachings or comments from Mother Teresa for each day of the year. It is a perfect booklet to use for Lent. Each day is an opportunity to take a few minutes to meditate upon the comment and our own lives, or to use the comment as a discussion point with others. Fr. Suresh invites everyone to pick up a booklets if you didn't do so when they became available last fall. The booklets are available at the back of Church or you can stop by the Parish Office.

CAPTURED!!

THOMAS, Joshua Milton

Name	THOMAS, Joshua Milton
DOB	1989-08-12
Age	31
Sex	M
Hair Color	BLN
Eye Color	BLU
Height	5' 11"
Weight	180 lbs

Booked	2021-02-19
Days Served / Total	0 /
Release Date	Unknown
Facility	Baker County Jail

Charge Information

Offense	Offense	Status
164.057	THEFT 1ST DEGREE AGGRAVATED	Pre-Arraig
164.272	UNLAW ENTR MV (x5)	Pre-Arraig
164.272	UNLAW ENTR MV (ATTEMPTED) (x13)	Pre-Arraig

close

Religious Education

What is Lent

Lent is a period of 40 days from Ash Wednesday to Holy Thursday in which we prepare for the Resurrection of Christ at Easter. To prepare ourselves for the Resurrection by seeking God through prayer, reading the scriptures, fasting and abstinence. As Catholics we are asked to fast from the age of 18 until 59. Just what is meant by "Fasting"? You are permitted to eat one full meal and two smaller meals not to that are not equal to a full meal. We are also required to abstain from meat on the Fridays of Lent for all that are 14 or older.

Historically we have been taught to give something up for Lent. As children we probably gave up candy. As adults we mull over what to give up, should I give up wine or chocolate, or some other item. So for 40 days we don't drink the wine or eat the chocolate and Easter arrives and we have that glass of wine or that piece of chocolate and go right back to things as they were prior to Lent. What have you accomplished or gained from this – an empty bottle and an empty candy wrapper. This lent let us take head of what St. Basil has to say.

St. Basil of Caesarea says of fasting "Let us fast an acceptable and very pleasing fast to the Lord. True fast is the estrangement from evil, temperance of tongue, abstinence from anger, separation from desires, slander, falsehood and perjury. Privation of these is true fasting."

Science tells us it takes 60 days to form a habit, well 40 days and you are 2/3rds of the way there. Trying something different like the following can lead to making our life more meaningful and bring us closer to God and continue beyond Lent.

During Lent it is time for us to work on self control,

Not buying things we don't need

Refrain from gossip

Not eating between meals

Giving up screen time and using that time to pray

Doing something to make yours or someone else's life have more meaning

Doing a kind act

Not complaining

Find something positive rather than pointing out what didn't get done to your satisfaction

Using that gym membership that has been collecting dust.

A good example of what can happen from a simple act of kindness is: An individual came into my office and said, I have lived here for a number of years yet have not made a friend to have coffee with. Right then and there I told her you come to my office on Mondays and we will share a cup. As a result I have made a good friend whose company I cherish. So this Lent lets try something new.